Design Thesis Deanna Sagaris



deliverables

Create a brand that allows a safe and comfortable digital and physical space for learning about sex and testing for STIs without shame.

background

The objective of this thesis project is to destigmatize sex culture and raise awareness for sexual wellness. A lot of students don't get enough sex ed before coming to college. It is usually seen as a taboo topic, therefore not talked about enough. I want to create a space for open discussion and education for college students.

### 1

### literature review

reading scholarly articles on sex culture, wellness, and education

## 2

### media scan

looking into onlines resouces already available to the public



### survey

to understand how people think, feel, and act when it comes to sexual health

### "The state of sexual health services at U.S. Colleges and Universities"

Habel, Melissa A et al. "The state of sexual health services at U.S. Colleges and Universities." Journal of American college health: J of ACH vol. 66.4 (2018): 259-268. doi:10.1080/07448481.2018.1431896

### stats

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**70.6%** of colleges reported having a health center

**Condoms** were available on 66.8% of campuses.

73.0% offered **STI** diagnosis/treatment (4 years vs. 2 years; 77.9% vs. 53.1%)

### quotes

"2-year colleges may require additional support with providing sexual health care."

"Improvements could entail increasing express testing, extra-genital STI testing, and LARC."

### "Public opinion about condoms for HIV and STD prevention: a Midwestern state telephone survey"

Yarber, William L et al. "Public opinion about condoms for HIV and STD prevention: a Midwestern state telephone survey." Perspectives on sexual and reproductive health vol. 37,3 (2005): 148-54. doi:10.1363/psrh.37.148.05

### stats

77% of respondnts strongly or somewhat agreed that instruction on correct condom use for **HIV and STD** prevention should be provided in public high schools

### quotes

"Public opinion appears to support the provision of correct condom use"

"Schools should consider providing only medically accurate information about condoms"

### **Main Takeaways**

2 year colleges have **less resources** for students

Most 4 year colleges have **health** centers for students

The public does believe students should have **proper sex education** 

### **Competitors**







Publishes journals about **sex** education and reproduction.

Works to **ensure** rights are protected and there are tools to protect ourselves.

### **Competitors**



Provide facts and data to help educate people on different STIs.



Provide comprehnsive knowledge on everything sex related.

# media scan

### **Competitors**





### **Animated videos**

that give you answers about sex, your body and relationships.

Provide treatement for adults with specific issues (STIs included).













### roman

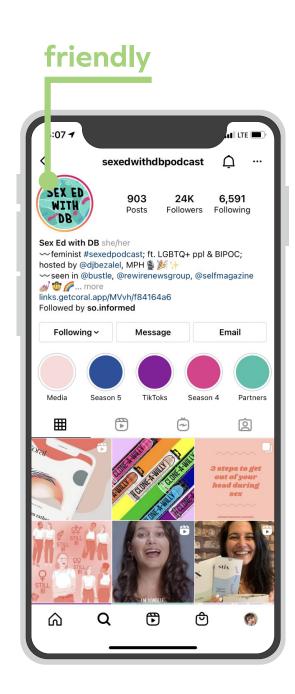


clinical

friendly







### female oriented?



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### **Main Takeaways**

There are many brands out there to help educate about sex wellness, but there is a gap to be filled.

There is an opportunity on social media to appeal to all genders.



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background

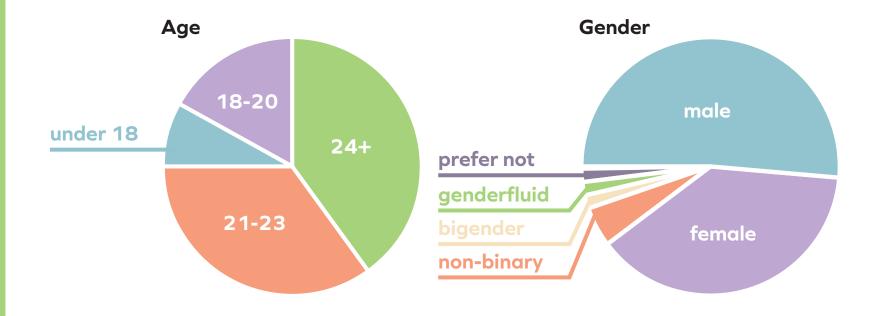
- 1. Age
- 2. Gender
- 3. School/University
- 4. Who do you discuss sex with?
- 5. How do you feel when talking about sex?
- 6. Are you sexually active?
- 7. How often do you have sex?

- 8. Do you have multiple partners?
- 9. Have you been STI tested? If no, why not?
- 10. What measures do you and your partner(s) use to have safe sex?
- 11. Where have you learned about safe sex?
- 12. What resources do you use with regards to sexual health?

### **Demographics**



survey







### **Questions**

- 1. Age
- 2. Gender
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confident



survey

# 2 awkward uncomfortable comfortable

ashamed

amazing

### **Stats**

60% of participants discuss sex with friends

60% of participants are **sexually** active

18.3% of participants have **multiple** partners

73% of those participants **have** been tested

### **Stats**

deliverables

Only 41.7% of participants use condoms

25% of participants do **not use any** safety measures during sex

27% of those participants **have sex** multiple times a week

background

# survey

### **Questions**

- 1. Age
- 2. Gender
- 3. School/University
- 4. Who do you discuss sex with?
- 5. How do you feel when talking about sex?
- 6. Are you sexually active?
- 7. How often do you have sex?

- 8. Do you have multiple partners?
- 9. Have you been STI tested? If no, why not?
- 10. What measures do you and your partner(s) use to have safe sex?
- 11. Where have you learned about safe sex?
- 12. What resources do you use with regards to sexual health?

### Why don't you get tested?

- "Never had any problems and have a single partner."
- "I don't know how to "
- "I'm safe and don't have **no** symptoms "
- "I've always used protection and had a single stable partner "

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survey

### Why don't you get tested?

- " have only been with two partners, and they were both clean\* "
- "This seems to be a purely american thing. "
- " issues with my **insurance** not keeping medical info private with family "

\* why refered to as clean??

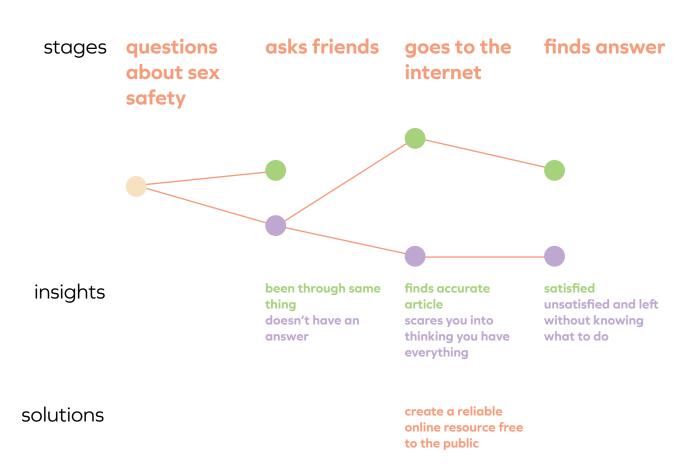
### **Main Takeaways**

People are uncomfartable talking about sex.

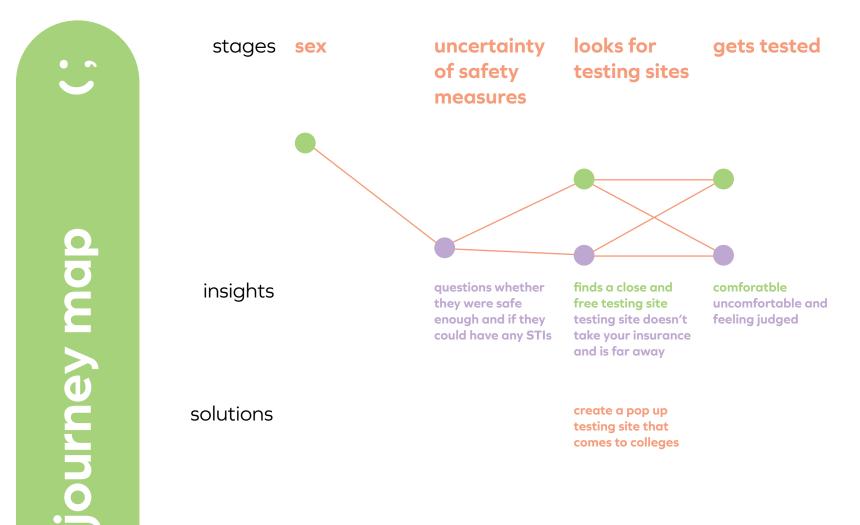
Most people get information about sexual health from the internet.

Some people do not see the point of getting tested even though they are sexually active.

deliverables



### **Journey Map - STI Testing**



### **Trust**

Information that is true and reliable.

### **Approachable**

We are your friends and we're here for you!

### **Educational**

Information that can be understood by any age.

### **Inclusive**

We provide a safe space for everyone, no matter how you identify.





nark exploration

# boink Boink boink boink boink



nark exploration

background

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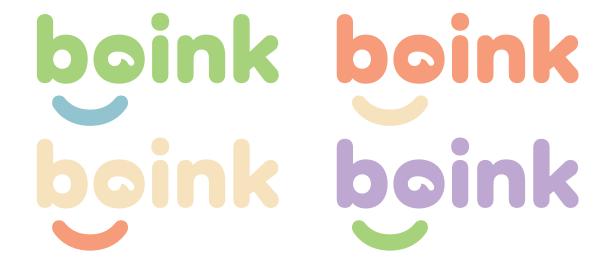


Deanna Sagaris

research







background research identity deliverables Deanna Sagaris















### Condoms

## Where do you get them?

Drugstores, community health centers, doctor's offices, supermarkets, convenience stores, online

# How effective are they?

85% at preventing pregnancy

## Birth Control

## What forms are there?

Pill, implant, IUD, shot, vaginal ring, patch, condom

#### How do you get it?

health clinic, Planned
Parenthood

### LGBTQ+

## What types of sex is there?

Vaginal, oral, anal, fingering or hand jobs, dry humping, masturbation

# How does your sexuality effect sex?

It may effect what types of sex you enjoy and prefer.





























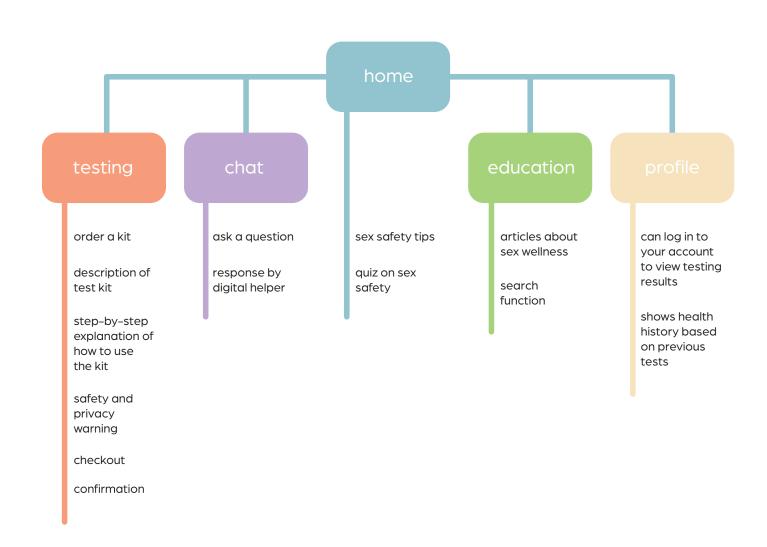












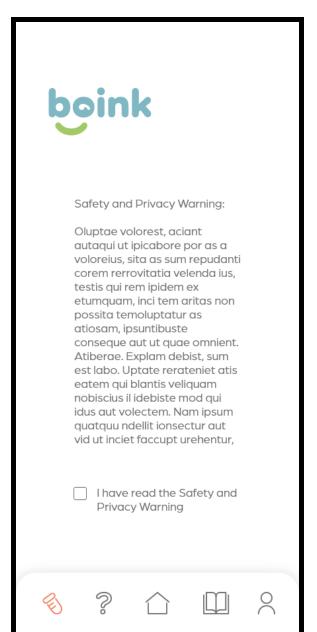




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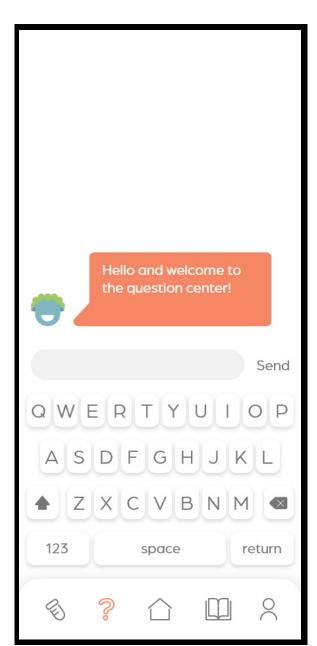
Test Kit















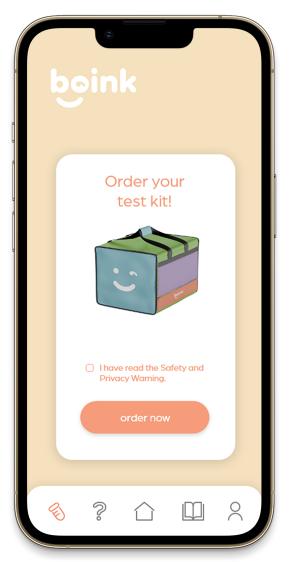
**QQD** 

#### home

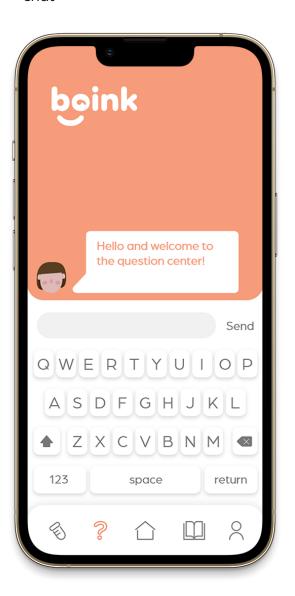
















profile

